



Regional de Trail Curto AAVC 2018

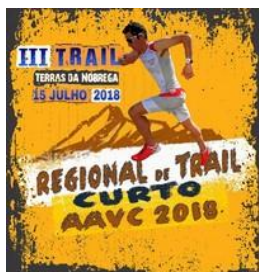
III Trail Terras da Nóbrega

15 de julho de 2018



Class.	Esc Atleta	Clube	Sexo	Tempo	EscViana
1	CATARINA AMORIM	GD CASTELENSE	F	02:28:56	Sénior
2	PATRICIA LEMOS	GD CASTELENSE	F	02:37:09	Sénior
3	MATILDE BRITO	EDL TRAIL	F	02:38:31	Sénior
4	SOFIA VENADE	CERVEIRA TEAM RUNNING	F	02:55:04	Sénior
5	CARLA BARBOSA	ECOBARCAVENTURA	F	03:27:15	Sénior
6	PAULA ARAUJO	TROGLODITAS RUNNERS	F	03:27:15	Sénior
7	PATRICIA CASTRO	TROGLODITAS RUNNERS	F	03:33:33	Sénior
1	PAULA COSTA	CAAV/TRAIL	F	02:13:18	35/44
2	MARTA VELOSO	TROGLODITAS RUNNERS	F	02:24:17	35/44
3	ANA MIRANDA	EDL TRAIL	F	02:30:02	35/44
4	ANGELA FORNELOS	TROGLODITAS RUNNERS	F	02:44:41	35/44
5	ANA ALVES	EDL TRAIL	F	02:54:04	35/44
6	SANDRA DANTAS	TROGLODITAS RUNNERS	F	03:21:03	35/44
7	SANDRA ARAUJO	CERVEIRA TEAM RUNNING	F	03:23:40	35/44
8	MARIA OLIVEIRA	TROGLODITAS RUNNERS	F	03:23:45	35/44
9	ISABEL ARAUJO	TROGLODITAS RUNNERS	F	03:27:15	35/44
10	MADALENA CARNEIRO	ECOBARCAVENTURA	F	03:27:16	35/44
11	SONIA NOVO	OLIMPICO VIANENSE TRAIL	F	03:57:46	35/44
1	MANUELA MACHADO	CYCLONES	F	02:16:34	+45
2	MARIA GONCALVES	CERVEIRA TEAM RUNNING	F	02:19:11	+45
3	IRENE SILVA	TROGLODITAS RUNNERS	F	02:43:49	+45
4	MARIA DIAS	ECOBARCAVENTURA	F	02:54:25	+45
5	TERESA PEREIRA	ECOBARCAVENTURA	F	03:06:18	+45
6	ISABEL GONCALVES	OLIMPICO VIANENSE TRAIL	F	03:14:53	+45
7	FATIMA BARROSO	TROGLODITAS RUNNERS	F	03:21:03	+45
8	ANA SOUSA	ECOBARCAVENTURA	F	04:02:10	+45
9	ROSARIO GOMES	CERVEIRA TEAM RUNNING	F	04:11:29	+45

Vencedor Coletivamente: TROGLODITAS RUNNERS



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Class.	Esc	Atleta	Clube	Sexo	Tempo	EscViana
1		PEDRO ALVES	GD CASTELENSE	M	01:49:22	Sénior
2		RUBEN VELOSO	CAAV/TRAIL	M	01:49:34	Sénior
3		PAULO VAZ	MINHO E LIMA TRAIL	M	01:49:43	Sénior
4		BRUNO NARCISO	MINHO E LIMA TRAIL	M	02:02:50	Sénior
5		RUI CARMO	EDL TRAIL	M	02:04:13	Sénior
6		JOAO CALHEIROS	TROGLODITAS RUNNERS	M	02:21:51	Sénior
1		ORLANDO SILVA	OLIMPICO VIANENSE TRAIL	M	01:48:09	35/44
2		FILIPE DANTAS	CERVEIRA TEAM RUNNING	M	01:49:28	35/44
3		JOAO CUNHA	CERVEIRA TEAM RUNNING	M	01:56:34	35/44
4		BRUNO QUEIROS	OLIMPICO VIANENSE TRAIL	M	01:59:10	35/44
5		MARCO CARAUX	CERVEIRA TEAM RUNNING	M	02:01:08	35/44
6		SAMUEL AMORIM	GD CASTELENSE	M	02:07:45	35/44
7		NUNO FREITAS	EDL TRAIL	M	02:07:55	35/44
8		VASCO ROCHA	CAAV/TRAIL	M	02:08:12	35/44
9		RAUL CURVA	OLIMPICO VIANENSE TRAIL	M	02:11:17	35/44
10		JOSE MARTINS	TROGLODITAS RUNNERS	M	02:19:25	35/44
11		ROBERTO TEIXEIRA	EDL TRAIL	M	02:20:26	35/44
12		JOSE CAGUANA	TROGLODITAS RUNNERS	M	02:21:00	35/44
13		RICARDO GOMES	TROGLODITAS RUNNERS	M	02:24:18	35/44
14		MARCO AFONSO	MELGACO ALVARINHO TRAIL	M	02:25:32	35/44
15		FERNANDO ALVES	OLIMPICO VIANENSE TRAIL	M	02:31:45	35/44
16		JOAO COSTA	ECOBARCAVENTURA	M	02:36:01	35/44
17		JOAQUIM ARAUJO	CERVEIRA TEAM RUNNING	M	02:46:57	35/44
18		PEDRO CRUZ	GD CASTELENSE	M	02:58:42	35/44
1		LUIS MAGALHAES	MINHO E LIMA TRAIL	M	01:44:57	+45
2		JOSE COSTA	MINHO E LIMA TRAIL	M	01:54:57	+45
3		PAULO DOMINGUES	OLIMPICO VIANENSE TRAIL	M	02:00:39	+45
4		JOSE MACHADO	CYCLONES	M	02:07:01	+45
5		PAULO FRANCISCO	OLIMPICO VIANENSE TRAIL	M	02:12:32	+45
6		CARLOS LOUREIRO	CAAV/TRAIL	M	02:12:55	+45
7		CARLOS FERNANDES	CERVEIRA TEAM RUNNING	M	02:21:15	+45
8		JOSE GOMES	CERVEIRA TEAM RUNNING	M	02:26:01	+45
9		JORGE COELHO	CAAV/TRAIL	M	02:26:54	+45
10		JOAO CERQUEIRA	GR. JUV. VILA DE PUNHE	M	02:37:36	+45
11		MIGUEL FERNANDES	TROGLODITAS RUNNERS	M	02:49:10	+45
12		JOSE BARRETO	ECOBARCAVENTURA	M	03:15:24	+45
13		JOAO PINTO	CAAV/TRAIL	M	03:21:02	+45
14		GARCIA SILVA	ECOBARCAVENTURA	M	05:36:31	+45

Vencedor Coletivamente: MINHO E LIMA TRAIL